

Walking on snow

Italia **Vallée d'Aoste**
Valle d'Aosta

COURMAYEUR

Planpincieux · Lavachey along cross-country slopes

1

The pedestrian path, on groomed snow, starts from Planpincieux and it winds for 3.5 km along the cross-country slopes to Lavachey. Along the way you can find: bars and restaurants. Amazing view on the Mont Blanc chain.



>	Planpincieux	1620 m
•	Lavachey	1640 m
⌚	1h00'	20 m
i	Recommended: snowshoes, boots or snow crampons.	

MORGEX

Testa d'Arpy · Belvedere

2

At Colle San Carlo, just behind Genzianella Restaurant, go towards the thick larch forest. Rise gently until reaching a fork: on the left you reach the Belvedere with a gorgeous view on Mont Blanc, while on the right you arrive at the Tête d'Arpy, in a few minutes.




>	Colle San Carlo	1944 m
•	Tête d'Arpy	2018 m
⌚	20'	74 m
i	Recommended: snowshoes, boots or snow crampons.	

The municipalities of Cogne, Courmayeur, Breuil-Cervinia and Valtournenche equip snow trails that are illustrated in a dedicated leaflet. Ask the local tourist information offices for recommendations!

AYAS
Plan Villy Wood

14



>

Champoluc center

1283

•

Frachey

1283 m

⌚

1h00'


54 m

i

To come back, is possible to do a "ring" way crossing the river at Frachey and walking through the dirt road along the golf course.

TORGNON
Plan Prorion · Gordzà on the ski slopes

13



>

Plan Prorion

1748 m

•

Gordzà

1949 m

⌚

1h00'


200 m

i

Make sure that the entire stretch has been beaten. In case of recent snowfall, it is better to use snowshoes, particularly from the arrival of the cable car to Lake Gordzà.

BRUSSON
Morelasc · Marmotta 10

15



>

Estoul parking

1884 m

•

Estoul parking

1884 m

⌚

1h30'

65 m

i

Recommended: snowshoes, boots or snow crampons

EMARÈSE
Walk Col de Joux - Sommarèse

16



>

Col de Joux (Saint-Vincent)

1639 m

•

Sommarèse (Emarèse)

1532 m

⌚

50'


100 m

i

The walk goes on a farm road mainly flat or with slight slopes, it is very simple and allows you to enjoy breathtaking views. Path not beaten, so after the first snowfalls it is necessary to wear snowshoes. In late winter the path is usually beaten and can be done even with suitable boots.

LA MAGDELEINE
The big bench of the Col Pilaz

12



>

La Magdeleine

1760 m

•

Col Pilaz

1966 m

⌚

1h00'

206 m

i

Generally the track is beaten, if the conditions exist. In case of snow, we recommend the use of snowshoes, or crampons with icy conditions.

LA MAGDELEINE - CHAMOIS
A walk on the dirt road

11



>

La Magdeleine

1760 m

•

Chamois

1820 m

⌚

1h00'

60 m

i

Check the opening of the itinerary, the beating of the farm road and the avalanche bulletin. In case of snow, we recommend the use of snowshoes, or crampons with icy conditions.

EMARÈSE
Pian di Erésaz Walk

17



>

Erésaz

1250 m

•

Erésaz

1250 m

⌚

1h00'


100 m

i

Path not beaten, so after the first snowfalls it is necessary to wear snowshoes. In late winter, the path is beaten and can be done even with suitable boots.

EMARÈSE
Walk Emarèse · Col D'Arlaz

18



>

Emarèse

961 m

•

Col d'Arlaz (Montjovet)

1027 m

⌚

50'


50 m

i

Being at a low altitude, the itinerary is infrequently not accessible due to snow, snowshoes are also rarely required. However suitable boots are always necessary.

VALSAVARENCHÉ
Vers le Bois · Creton path

10



>

Loc. Vers-le-Bois

1524 m

•

Loc. Creton

1616 m

⌚

25'


92 m

i

A popular trail that is most undertaken on foot.

VALGRISENCHÉ
A lakeside promenade

9



>

Loc. Mondanges

1650 m

•

Loc. Usellières

1780 m

⌚

2h15'


200 m

i

This route is best undertaken on foot, initially on the road, then alongside the cross-country ski tracks and, finally, along a track made by a snowmobile. After a snowfall, snowshoes are recommended. Crampons will be useful in the spring, when ice may be widespread.

MORGEX
On the animal tracks, along cross-country slopes of Arpy

3



>

Loc. Arpy

1670 m

•

Loc. Arpy

1670 m

⌚

30'


20 m

i

Beaten path. Recommended: snowshoes, boots or snow crampons.

LA SALLE
Tsanta Merla · Château

4



>

La Clusaz

992 m

•

Château

1170 m

⌚

55'


197 m

i

Recommended: snowshoes, boots or snow crampons.

SAINT-NICOLAS
Panoramic walk Rumiod · Persod · Ravoise

8



>

Strada regionale dei Salassi

1283 m

•

Strada regionale dei Salassi

1283 m

⌚

1h00'


115 m

i

A truly sunny path that is mostly undertaken on foot. After a snowfall, snowshoes are recommended.

RHÊMES SG - INTROD
Introd · Soressamont · Rhêmes-St. Georges · Vieux

7



>

Introd, Soressamont

1135 m

•

Rhêmes-St-Georges, Vieux

1200 m

⌚

1h30'

65 m

i

This route is mostly undertaken on foot. After a snowfall, snowshoes are recommended. Crampons will be useful in the spring, when ice may be widespread.

LA SALLE
Challancin · Les Arpillés

5



>

Challancin

1639 m

•

Les Arpillés

1856 m

⌚

45'

217 m

i

Recommended: snowshoes, boots or snow crampons.

RHÊMES-NOTRE-DAMES
GRAN PARADISO Chanavey · Bruil · Pellaud

6



>

Chanavey

1690 m

•

Pellaud

1815 m

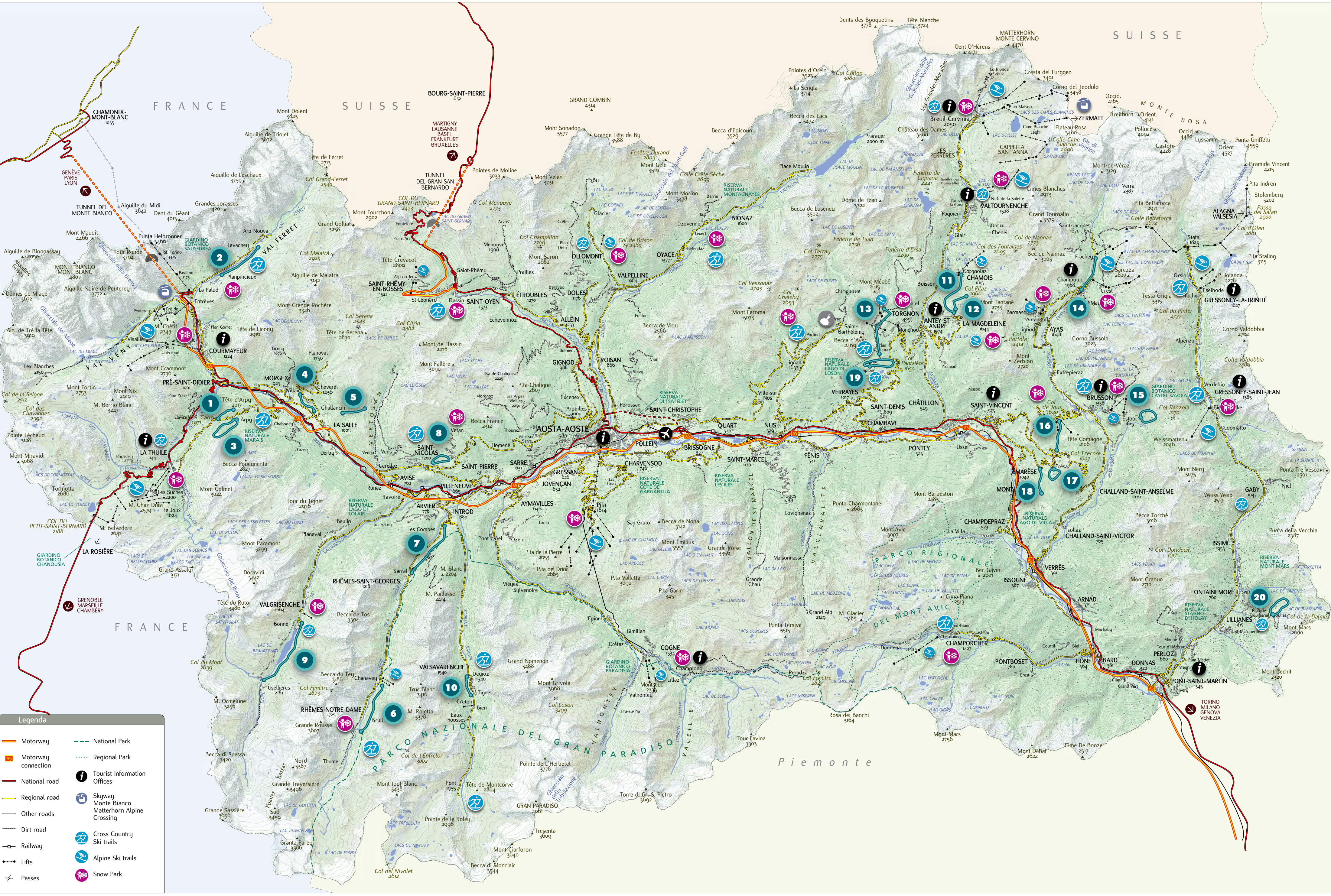
⌚

2h30'

125 m

i

A popular trail that is mostly undertaken on foot. After a snowfall, snowshoes are recommended. Crampons will be useful in the spring, when ice may be widespread.



Legenda

	Motorway		National Park
	Motorway connection		Regional Park
	National road		Tourist Information Offices
	Regional road		Skyway
	Other roads		Monte Bianco Matterhorn Alpine Crossing
	Dirt road		Cross Country Ski trails
	Railway		Alpine Ski trails
	Lifts		Snow Park
	Passes		

VERRAYES

Walk Champlong · Saint-Pantaléon

19

From the picnic area of Champlong, walk up to the left of the lake and then cross the flat road leading to the Champlong mountain pasture. From here the path winds through the woods and, after about 2 km, reaches the Col de Bornes. With the Col de Bornes pasture behind you, take the flat road and enter the wood, from where a very scenic descent begins, leading to the regional road of the colle Saint-Pantaléon. Do not miss the vantage point onto the Matterhorn. At this point it is necessary to take the path n. 2 (on the left of the regional road) towards the chapel of Saint-Evence but, after just 50 metres, follow the signs going down to the right, reaching the asphalted road again. After having walked up the regional road for about 50 metres, take the dirt road, on the left, and then continue to the right, after having reached the junction for Mont-de-Join: here, walk slightly uphill and reach the inhabited area of Vernaz. Continue on a flat dirt road, admiring the Loson nature reserve from above and finally reach the villages of Clavon and Champlong.



➤	Area picnic Champlong	1650 m
●	Area picnic Champlong	1650 m
⌚	1h45'	238 m
i	After the first snowfalls it is necessary to have snowshoes to fully enjoy the track while, normally, in late winter, the route is beaten and can be walked even with suitable boots.	

FONTAINEMORE

Along the cross-country track. Green ring

20

The route starts from the car park in Coumarial, in Fontainemore. Continue following the signs for Alpe Leretta: the route is on a farm track beaten by the snow groomer. Keep left and pass outside the signal flags as, for about 300 meters, you skirt the cross-country ring which then continues to the right and becomes an exclusive track for snowshoes, ski mountaineers and pedestrians. Once you reach the Vercosa pasture, you always continue on the beaten track to Alpe Leretta: from here you cross the start of the red ring that reaches Punta Leretta. Continue straight on towards the Creux mountain pasture: at this point you turn left, leave the beaten track and begin to take the 2D summer path which, through a beautiful fir and larch forest, will take you back to the starting point of the loop. The green route is completely well marked with green poles and does not present any kind of danger, even after heavy snowfalls.



➤	Coumarial	1440 m
●	Coumarial	1440 m
⌚	2h00'	340 m
i	After the first snowfalls it is necessary to have snowshoes to fully enjoy the route while, normally, in late winter, the path is beaten and walkable even with suitable boots.	



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PUBLISHED BY
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